



“Empathy for Elders”

A **FREE** class offered by



This class provides incredible insight to our elderly population. It is an interactive and fun opportunity to experience. Learn about...

- The aging process
- Ailments that come along with aging
- Tips on how to better assist this generation
- How to be a better caregiver
- How to provide a better quality of life for our older generation.

This class is a 1 hour wonderful learning experience for Health Care providers, Facilities, Schools, Organizations, Churches and so much more!

To book your class, please contact Ashley Vogel, BLFS Board Member, at:

Ashley@AgingCarePartners.com

Better Living For Seniors is a member driven organization of public, private and volunteer agencies engaged in providing services to those aged 60 and over.

For more information visit our website at BLFSpolk.com.



Better Living for Seniors - Polk County

P.O. Box 91884

Lakeland, FL 33804-1884

863.248.1475

